



# Santa Fe Christian Schools

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Date

Dear Parents:

The disease circled below has been reported to the Health Office as occurring at Santa Fe Christian Schools and your child may have been exposed. You may want to call your physician if any of the symptoms listed below appear. Everyone is better protected when a sick child is kept at home while they are contagious. Children who have come in contact with or exposed to an ill child may attend school as long as they are not symptomatic. Please send all physician notes to the health office.

**RINGWORM** - A fungal infection of the skin, hair, or nails, generally but not always ring-shaped and usually seen on arms, legs, face & neck. Symptoms include rash with circular border that progressively enlarges, itching, scaling & patches of hair broken off at the scalp (looks like a bald spot). Fungal infections of the nail can involve the entire nail and nails can become discolored, pitted, grooved, and brittle & peel off easily. Incubation period is 10 to 14 days. All kinds are contagious and need medical treatment. After treatment, the area needs to be rechecked in 10-14 days to ensure infection is completely gone.

**SCABIES**—Skin infection from a skin mite, usually appears as tiny grayish-white bumps or visible linear burrows. It causes severe itching (more severe at night) prominently on wrists, elbows, webs of fingers, thighs, belt line, and buttocks. If scabies are suspected, the student will be sent home for medical evaluation and treatment and will need to remain home until 24 hours after treatment has been initiated.

## NOTE

Should your child require medication, eye drops or ointments during the school hours, the law requires:

- A statement signed by you and your child's physician with the name of the medication, amount, time to be administered, and any instructions related to your child's treatment plan.

If you have additional questions, you may contact one me at (858) 755-8900 ext. 1010 or [sdewoody@sfcs.net](mailto:sdewoody@sfcs.net).

Sincerely,

Sandra DeWoody, R.N.  
SFCS Health Office